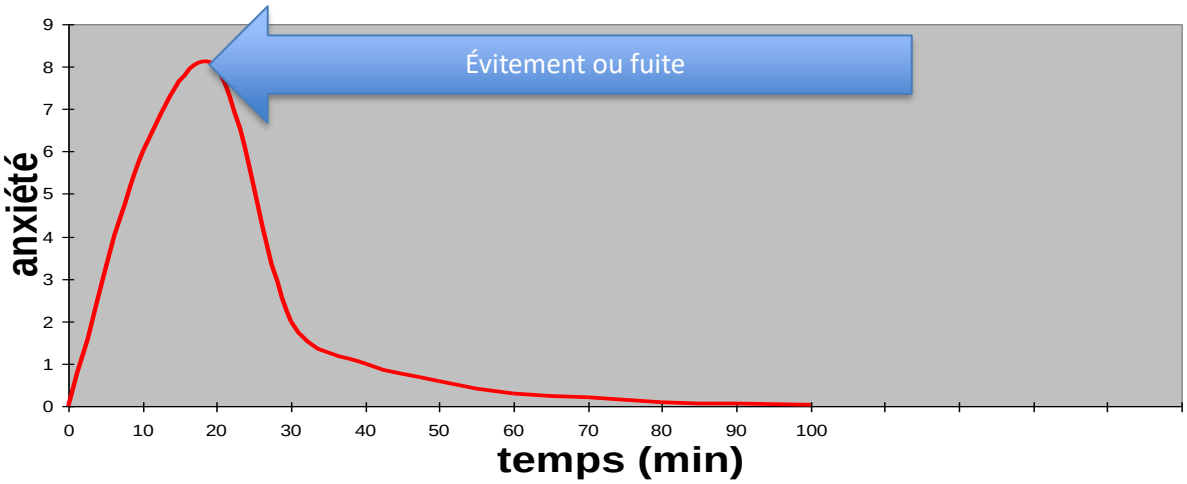
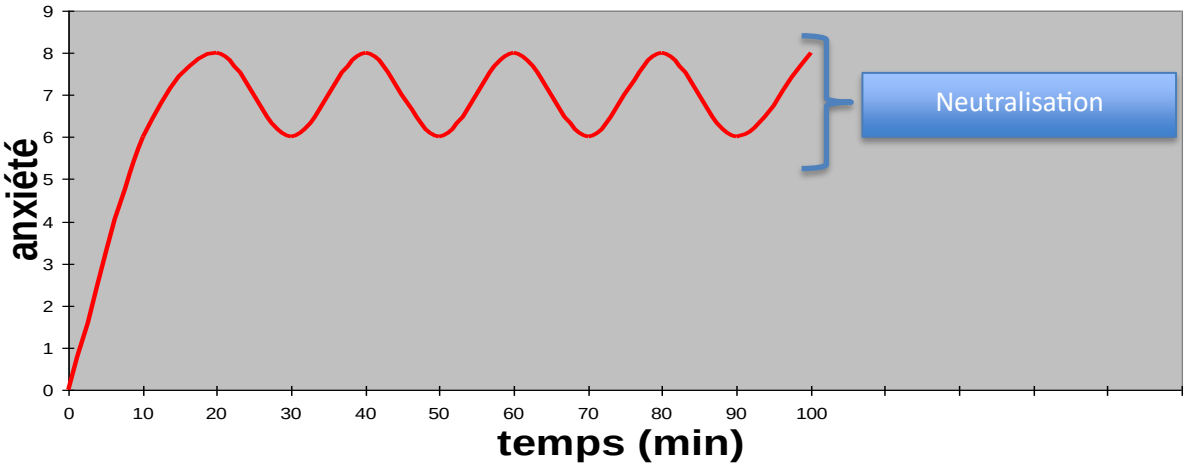
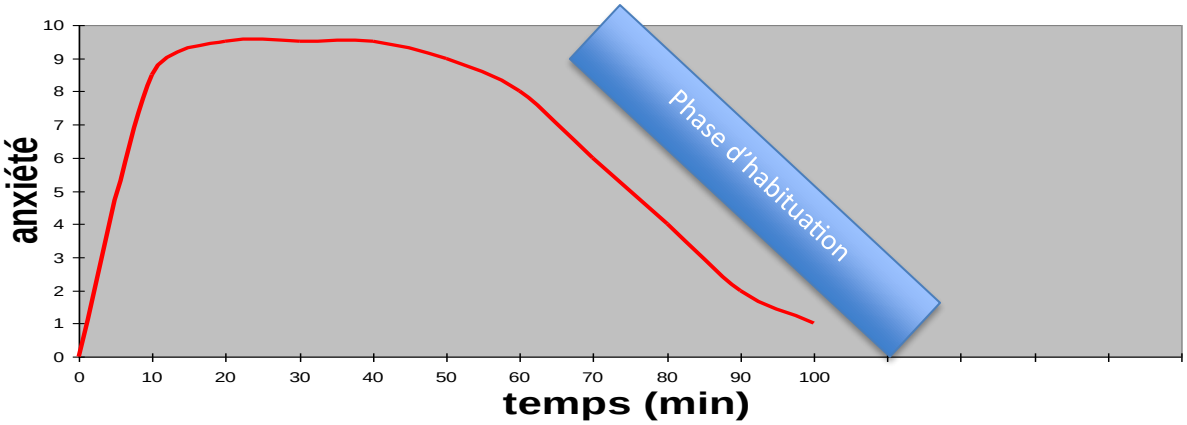
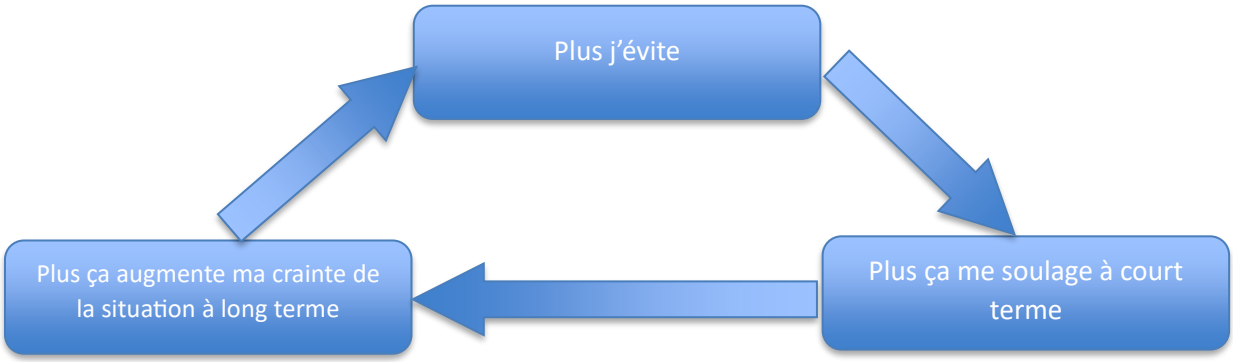
7.1 Schémas explicatifs de l'évitement et de l'exposition

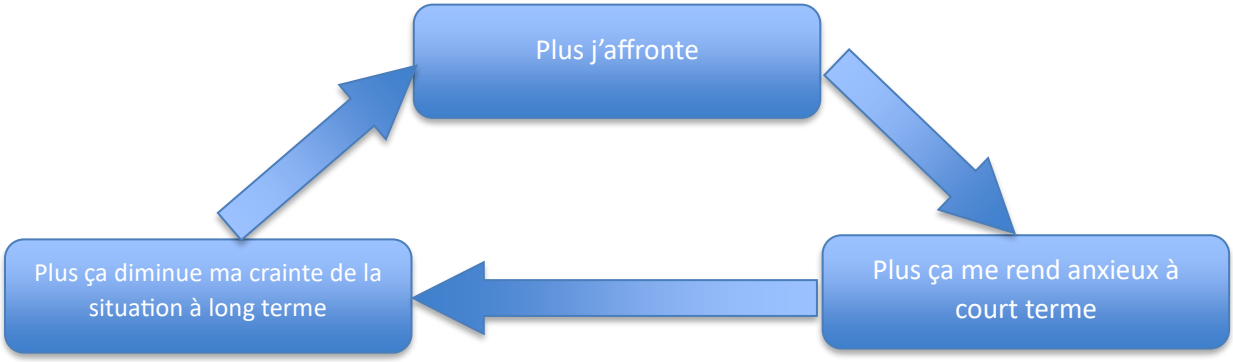








Cercle vicieux de l'évitement



Cercle vertueux de l'exposition